

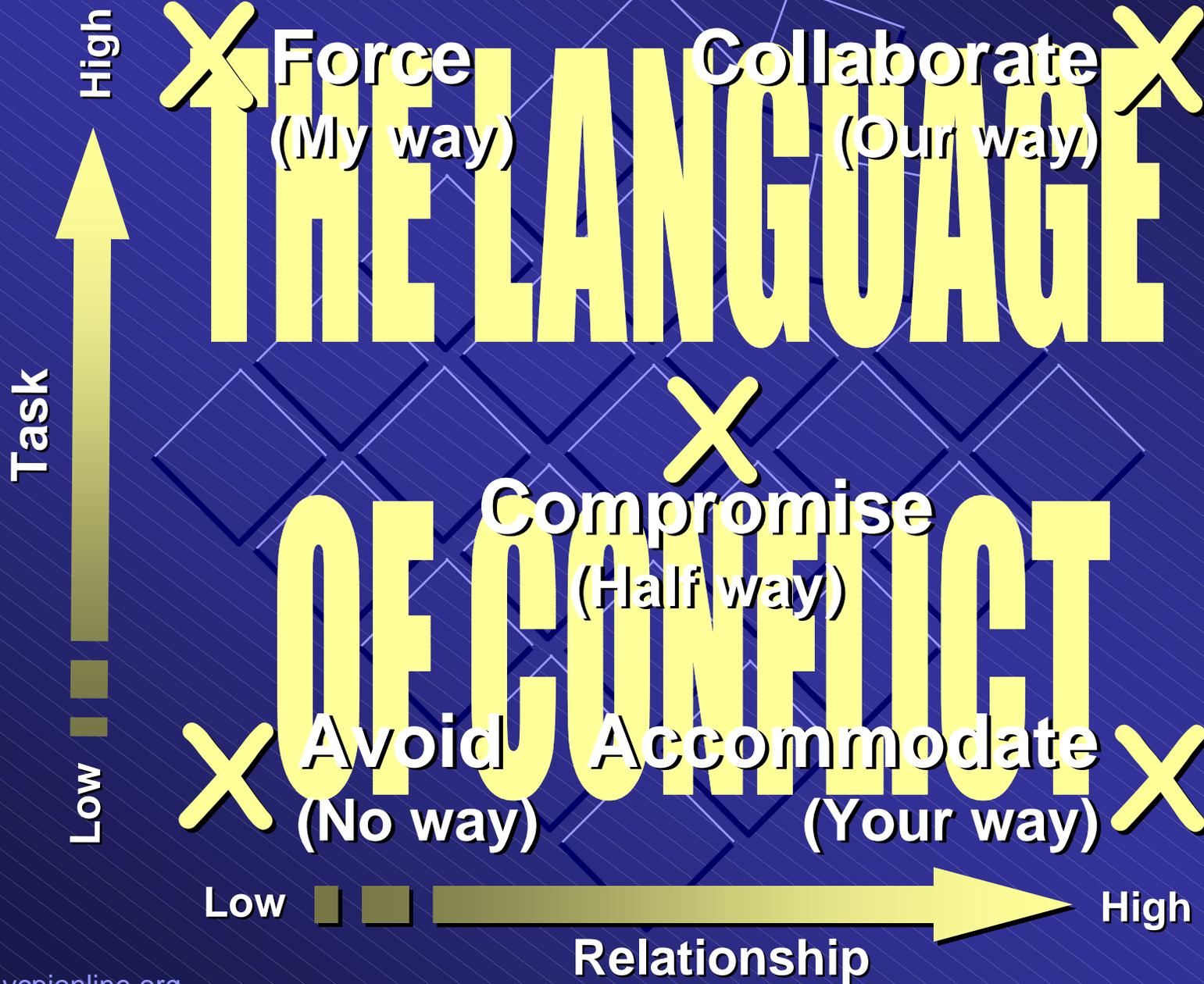
Emotional Intelligence

- ***Being intelligent about your emotions***
- ***Recognizing how you think, feel, and act has consequences***
- ***El competencies:***
 - ***Self-Management***
 - ***Relationship Management***

Emotional Intelligence

- ***Self-Awareness***
- ***Self-Regulation***
- ***Self-Motivation***
- ***Empathy***
- ***Social Skills***

(Goleman, 1995)



Role Play!



- ***Pick one conflict resolution style.***
- ***Choose either the appropriate or inappropriate use.***
- ***Create and perform a short role play scenario illustrating this style.***
- ***All members must be involved in the performance in some capacity.***
- ***Be prepared to discuss the opposite use from the one you performed as well.***

- *Building the Learning Matrix*
- *Instructor Review of Journals*

■ chapter 2

the learning matrix

CORE COMPETENCIES	PHASE A Non-Emergency Incident Response	PHASE B Emergency Incident Responses	PHASE C Patrol Activities	PHASE D Criminal Investigation
Police Vehicle Operations	A1	B1	C1	D1
Conflict Resolution	A2	B2	C2	D2
Use of Force	A3	B3	C3	D3
Local Procedures, Policies, Laws, Organizational Philosophies	A4	B4	C4	D4
Report Writing	A5	<div style="border: 2px solid blue; padding: 10px;"> <p style="text-align: center;">CELL A1</p> <p style="text-align: center;">Non-Emergency Incident Response</p> <p style="text-align: center;">Police Vehicle Operations</p> <hr/> <ul style="list-style-type: none"> • Defensive driving • Proper vehicle stops, positioning of vehicles • Awareness of surroundings and conditions • Other issues that may apply </div>		
Leadership	A6			
Problem-Solving Skills	A7			
Community-Specific Problems	A8			
Cultural Diversity and Special Needs Groups	A9			
Legal Authority	A10			
Individual Rights	A11			
Officer Safety	A12			
Communication Skills	A13			
Ethics	A14	B14	C14	D14
Lifestyle Stressors/ Self-Awareness/ Self-Regulation	A15	B15	C15	D15

- *CTRs*
- *Time Management*
- *Program Administration*
- *Mentoring*

CTR Scenario

***Vehicle
driving
erratically;
possible DUI***





Training scenario courtesy of the Stafford Co. Sheriff's Office

www.vcpionline.org

Write It

Up!

chapter

phase B weeks 5-7 ■

phase B: emergency incident response

COACHING AND TRAINING REPORT

Selected Incident
(Trainee and PTO select the incident for evaluation)

PTO/PTE: _____
Trainee: _____
Date: _____
<input type="checkbox"/> TRAINEE SELECTED INCIDENT
<input type="checkbox"/> PTO/PTE SELECTED INCIDENT
Incident Case Number: _____
Date of Incident: _____

Emergency Incident Response
Briefly describe the incident chosen for evaluation:

Police Vehicle Operations B1 - When completing this section of the CTR, the trainee will use specific information and learning outcomes from matrix cell B1.

Trainee's comments: "What did I learn? What do I still need to know?"

Trainer's comments: Evaluate the trainee's performance throughout the week. Note areas needing improvement.

■ chapter 5

Conflict
Resolution

B2 - When completing this portion of the CTR, the trainee will use specific information from the matrix cell B2.

Trainee's comments: "What did I learn? What do I still need to know?"

N/A

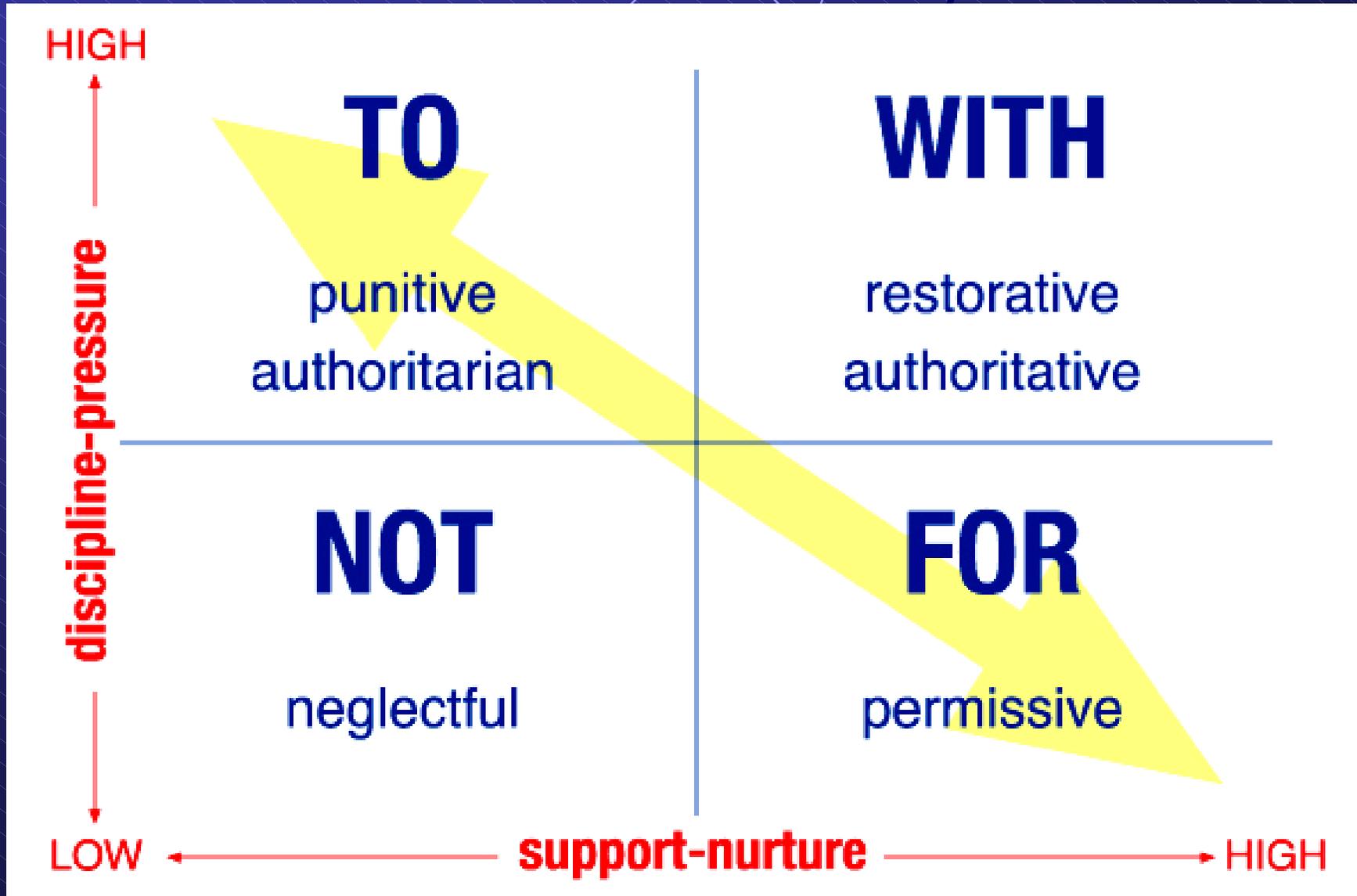
Trainer's comments: Evaluate the trainee's performance throughout the week.
Note areas needing improvement.

“Not Applicable” or “Not Observed” are NOT ALLOWED!

Where do I find the time for:

- Daily journal entries?*
- CTRs?*
- NPE?*
- PBLEs?*
- CFS?*
- Regular activities?*
- Court?*

The Mentoring Process



High-Gain Questions



- ***Investigative Questions*** (*What, when, where? Get the facts*)
- ***Discovery Questions*** (*Stimulate Thinking Push Learning*)
- ***Empowering Questions*** (*Transfer ownership. Push for action*)

“Failing Forward”

- ***Get outside of your comfort zone***
- ***Learn from your mistakes***
- ***Move on***
- ***Don't be hard on yourself***

Accept the risks that come with learning something new!

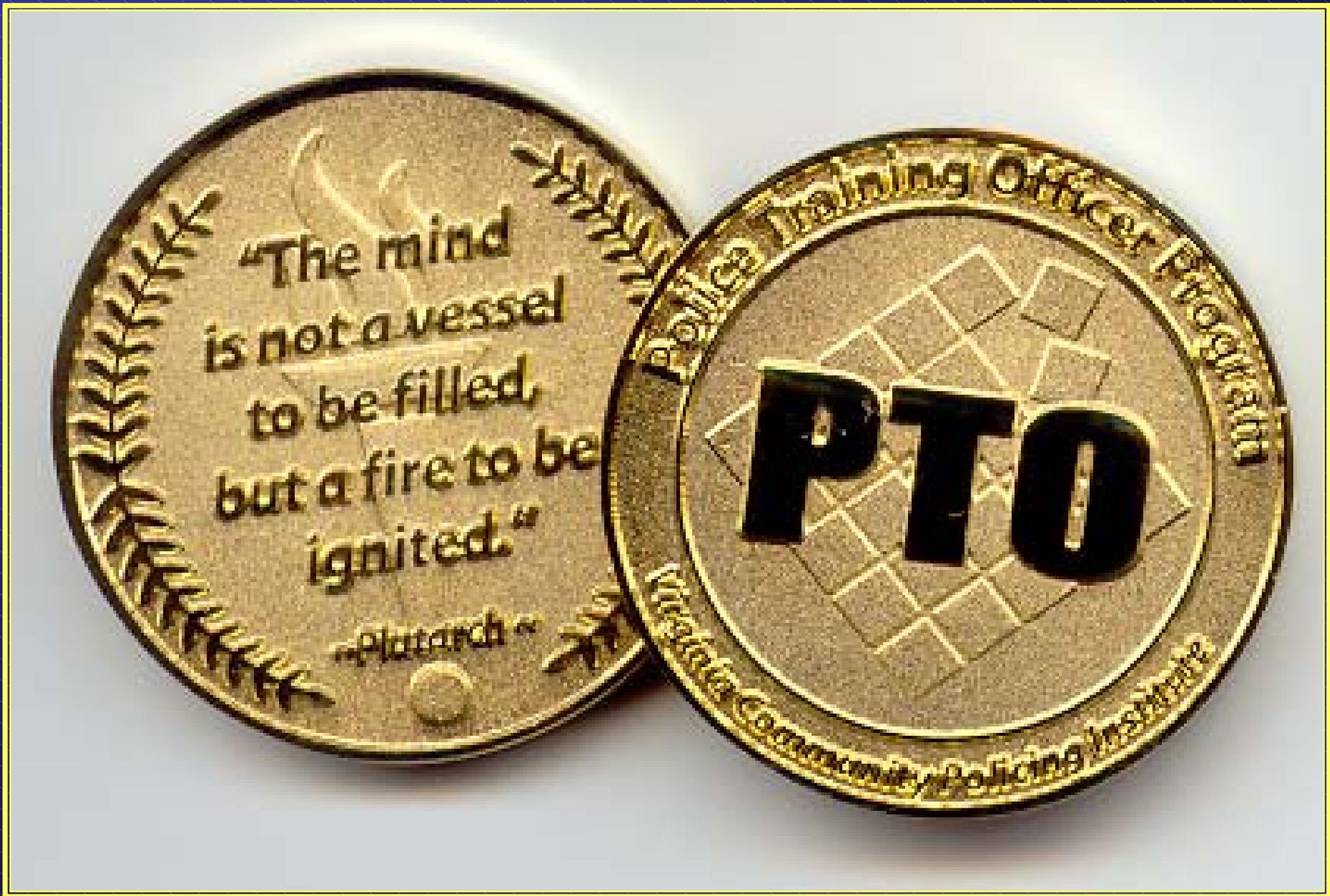
- *LAPs*
- *NPEs*
- *Parking Lot PBLE*
- *Return to the Real World*

Creating LAP's

- ***POP & SARA***
- ***CPTED***
- ***Situational Crime Prevention***
- ***Crime Analysis***
- ***Domestic Violence Power & Control Wheel***
- ***Handcuffing Techniques***
- ***Gang Recognition***
- ***Meth Labs***
- ***Use of Emergency Equipment***
- ***Pursuit Driving***

***Meanwhile,
Back in the
Real World...***
(Freeze Role Play)

***If you can't say it,
you can't sell it!***





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