

# THE PRESIDENT'S TASK FORCE ON 21ST CENTURY POLICING

## **Sandra L. Ramey**

Dr. Sandra L. Ramey PhD, RN joined The University of Iowa College of Nursing and Public Health faculty in 2006, after serving as an Assistant Professor at Marquette University for three years. Dr. Ramey's program of research investigates the relationships among Cardiovascular Disease (CVD) risk factors and CVD morbidity in large law enforcements cohorts. Her work has extended to more than 17 departments in the US and Hawaii; currently she is primarily working within the Milwaukee Police Department where she studies interventions to modify how officers react to stress. Additional projects with the Telecommunications Division and the Academy in the Milwaukee Police Department are in progress. Over the past 14 years, Dr. Ramey has greatly contributed to the body of published research in the area of police health and wellness with key publications on physical activity and sleep studies that have received national attention. In 2013, Dr. Ramey was selected by the Department of Justice to join the task force discussion on suicide prevention in law enforcement. She is invited regularly to present her work at International venues including the University of Cambridge in the UK. Her research has been funded by NIOSH, the Healthier Workforce Center for Excellence and the US Department of Justice. Dr. Ramey has a secondary appointment in the College of Public Health at the University of Iowa and works with graduate students in the Doctorate in Nursing Program and teaching professionalism and public health at the University of Iowa.

### RESEARCH/CLINICAL INTERESTS:

- Biological markers of stress
- CVD risk and morbidity
- Health promotion and resilience intervention development