This worksheet exercise tracks the key elements of the CDC’s model1 for a public health approach to violence prevention. The worksheet can help aid in planning a minority youth violence prevention program.

1. Define the Problem
What geographic area is your site focusing on? What data did you find to demonstrate how frequently violence occurs, where it occurs, any trends, and who the victims and perpetrators are in your jurisdiction? (You might have obtained these data from police reports, medical examiner files, vital records, hospital charts, registries, population-based surveys, or other sources.)

2. Identify Risk and Protective Factors
Risk factors. What characteristics increase the likelihood of a person becoming a victim or perpetrator of violence in your jurisdiction?

Protective factors. What characteristics decrease the likelihood of a person becoming a victim or perpetrator of violence (because they provide a buffer against risk) in your jurisdiction?

3. Develop and Test Prevention Strategies
How did you or will you use research data and findings from needs assessments, community surveys, stakeholder interviews, and focus groups for designing and implementing the approach you are taking under your Minority Youth Violence Prevention Program?

What plans do you have to implement and evaluate the impact of your program?

4. Assure Widespread Adoption
Under the CDC approach, once prevention programs have been proven effective communities are encouraged to implement evidence-based programs and to evaluate the program’s success. How would you be willing to work with other agencies and government to promote widespread promotion of your program?

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