



POLICE-YOUTH DIALOGUES TOOLKIT

Quiz: The Teen Brain

This quiz can be used to introduce the differences in the way teens and adults think about and process their environment.

“Fill in the blank” questions

1. The human brain is fully developed by the age of (25).
2. The teen brain does not have a fully developed (frontal lobe), which helps regulate emotional reactions.
3. The teen brain is most responsive to (peer pressure/saving face).
4. Teens rank self-image above (self interest).

“True or false” questions

1. When teens *do* anticipate consequences, they tend to ignore negative ones. (True)
2. The teen brain is well-suited to self-regulate. (False)
3. Most teens hide their social and emotional life from their parents and adult caregivers. (True)

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